

Whisper

with Rowena Smith | smithr@qst.newsltd.com.au

When celebrities visit the Mater hospital it provides patients with positive memories.

It (heel pain) has been reported in up to 21 per cent of the population.

CELEBRITY THERAPY

DAYS of hospital boredom have passed.

The Mater Hospital this week enlisted actor Shane Jacobson to their distractive therapy program.

The lead in toilet movie *Kenny* visited and shared a few jokes with patients and staff at the adult hospital on Monday afternoon.

Distractive therapies are designed to be an integral part of the total health care of patients.

"When celebrities visit the Mater hospital it provides patients with positive memories that help them get through their days receiving medical treatment," a hospital spokeswoman said.

Jacobson is travelling the country spruiking his latest movie *Charlie & Boots*, with Paul Hogan.

PM AT BALL

STAR-STUDDERED charity is the norm but this year's 2009 MSQuerade Ball has enlisted the pomp and circumstance of politics to fundraise.

Prime Minister Kevin Rudd is patron of the October 10 ball, which will feature Kate Ceberano performing on stage.

The glamorous event raises money for the Dutton Park-based MS Queensland. The organisation's figures show the rate of people diagnosed with multiple

sclerosis is increasing at 7 per cent each year in Australia.

But MS Queensland executive director Trevor Farrell said it was an exciting time for MS with recent gene mapping work by Australian researchers a reminder they are moving towards a cause and cure.

The ball aims at increasing awareness within the corporate community, so business leaders get out your wallets.

Tickets are \$200 each or \$1800 for a table of 10. Visit www.MSQueradeBall.org.au.

The event will be one of the last in City Hall before it closes for renovations.

THEATRE LUNCH

THEATRE director Sean Mee and Australian playwright David Williamson will be in the hot seats at QPAC on September 12.

The pair will have a conversation over lunch and the public is invited.

For more than 30 years Williamson's plays have characterised and galvanised generations of Australians.

To join the intimate setting in Lyrebird Restaurant, tickets are \$73 and include a three-course meal. Visit www.qtix.com or phone 136 246.

SNEAK PEEK

MEDIA and film industry types were treated to an advance screening of the Aussie road trip flick *Stone Bros* at Cutting Edge's West End offices yesterday.

Billed as the country's first feature-length indigenous comedy, *Stone Bros* opens to the public in late September.

But a few lucky movie buffs caught a sneak peek at the 47-seat theatre attached to the West End-based post-production company.

See the trailer at www.stonebrosmovie.com.au.



Log on for lots more . . .

Time to spare? Have a laugh with Katie Cliff or get some health advice from a podiatrist, with these two blogs at www.citysouthnews.com.au

PAIN under the heel is the most common condition we treat in our podiatry clinic. It has been reported in up to 21 per cent of the population and can affect active people as well as more sedentary older people.

The most common problem causing this heel pain is plantar fasciitis. The plantar fascia is similar to a long ligament that

attaches to the base of the heel and runs up through the arch. Typically, people with plantar fasciitis will describe unbearable pain with their first few steps in the morning.

Kent Sweeting is a podiatrist at Performance Podiatry and Physiotherapy, West End. His blog is at www.citysouthnews.com.au

Graduation – a day of celebration

THE day you graduate is designed to be a day of celebration, reflection, a sense of incredible achievement and a declaration of hope for the future.

Graduation day for my husband this week was a lot more than that, though. He has just completed post graduate studies and after a year of long nights and assignment stress we were ready to wave goodbye to his course with an unprecedented fanfare.

Read Katie's full blog at www.citysouthnews.com.au under Blogs.

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